

COVID-19 Guidelines For 2021-22

If Your Student Was Sent Home or Reported an Absence Due To Covid-19 Symptoms, Please Follow the Guidelines Below

To return to in-person school, your child must either get 1.) a COVID test, 2.) a written clearance from their medical provider, or 3.) complete a 10-day quarantine. Please consult with your medical provider. For an acceptable COVID test, see guidance [here](#) (#10). At-home tests will not be accepted.

COVID-19 Test Taken

Negative Result [Without Known COVID Exposure] You should remain home until symptoms have improved and fever-free for 24 hours without medication use. *Submit proof of a negative test to your school site prior to your return to school.*

Negative Result [With Known COVID Exposure] *See page two* for a comprehensive explanation of quarantine and testing following a close contact COVID exposure.

Positive Result:

1. You must remain at home for at least 10 days since symptom onset **and**
2. at least 24 hours have passed since the resolution of fever without the use of medication **and**
3. Other symptoms have improved.

Notify your school site of a positive test so contact tracing can begin. No documentation is needed to return to school after the required 10-day isolation.

No COVID-19 Test Taken

1. You must remain at home for at least 10 days since symptom onset **and**
2. at least 24 hours have passed since the resolution of fever without the use of medication **and**
3. Other symptoms have improved.

COVID-19 Contact Definitions

Close Contact: You have been in direct contact with a person who has COVID-19 for a cumulative amount of time greater than 15 minutes and less than 6 feet away. **See Page 2 For Quarantine Guidelines Based On Vaccination Status.**

Contact of a Contact: You have been in contact with someone who has been identified as close contact with a COVID positive person. *You do not need to quarantine.* If you develop symptoms of COVID-19, contact your medical provider or get a COVID test.

Post COVID-19 Procedures

Do not take a COVID-19 test if it has been less than 90 days since you have had COVID-19. You do not need to quarantine if,

- a. You have been identified as a close contact, and
- b. You have had COVID-19 in the past 90 days, and
- c. You are asymptomatic.

Documentation of a positive COVID-19 test is required. If you develop any signs or symptoms of COVID-19, contact your healthcare provider immediately.

Attendance and On-Campus Activities

If You Are Ill, Please Do Not Come Onto Campus.

For Both The Virtual Academy And In-person Classrooms: You will need to follow the CDPH guidelines for any COVID-related symptoms to resume on-campus activities, including sports. This includes submitting required medical documentation to attendance.

You cannot participate in any on-campus activities during your illness (i.e., sports, groups, material pick up, etc.)

Quarantine Requirements for Students

1. Vaccinated Close Contacts:

If you have been fully vaccinated, you may not need to quarantine. Students who are fully vaccinated do not need to quarantine following a close contact exposure if they:

- a. experience NO symptoms of illness, and
- b. provide the school with proof of vaccination.
- Testing is still recommended 3-5 days after close contact (per CDC on 8.4.21).

2. Unvaccinated Close Contacts & Both Parties Were Wearing a Mask:

When both parties were wearing a mask in any school setting* in which students are supervised by school staff, unvaccinated students who are close contacts may undergo a modified quarantine. They may continue to attend school for in-person instruction if they:

- a. Are asymptomatic;
- b. Continue to appropriately mask, as required;
- c. Undergo at least twice weekly testing** during the 10-day quarantine; and
- d. Continue to quarantine for all extracurricular activities at school, including sports, and activities within the community setting.

3. Unvaccinated Close Contacts & One or Both Parties Were Not Wearing a Mask:

Those who have NOT had any symptoms, may end their self-quarantine under the following conditions:

- a. Quarantine can end after Day 10 from the date of last exposure without testing and the student may return to school; OR
- b. Quarantine can end after Day 7 if a negative test is collected after Day 5 from the date of last exposure.
 - i. Those who end quarantine on day 7 after a negative test, may return to classroom instruction only. Extracurricular activities may resume after day 10.
 - ii. To discontinue quarantine before 10 days following last known exposure, the student must:
 1. Continue daily self-monitoring for symptoms; AND
 2. Follow all recommended non-pharmaceutical interventions (e.g., wearing a mask when around others, hand washing, avoiding crowds).
 - iii. Symptoms should be monitored for 14 days (10-day quarantine plus 4 additional days).
 1. If any symptoms develop during the 14 days, the exposed person must immediately isolate, get tested, and contact their healthcare provider with any questions regarding their care.

4. Isolation Recommendations

For both vaccinated and unvaccinated persons, follow the CDPH [Isolation Guidance](#) for those diagnosed with COVID-19.

~ Definition of a Close Contact: More than 15 minutes over a 24-hour period within 0-6 feet, indoors or outdoors.

* School setting means indoors, outdoors, on school buses, as well as any other supervised school activity.

** For a list of CDPH approved COVID tests, requirements [here](#) (#10). Please note, at-home tests will not be accepted by County Health.

[View County Health home quarantine instructions](#)

CDPH flowchart (coming soon)